



March 23, 2026  
Maritime Staff Office

(Announcement)

## Japan- U.S. Bilateral Exercise

The JMSDF conducted a bilateral exercise with the U.S. Navy (USN) as described below in order to strengthen the capability of the Japan-U.S. Alliance for effective deterrence and response.

### 1. Objectives

- (1) To improve the JMSDF's tactical capabilities
- (2) To improve interoperability between the JMSDF and the USN

### 2. Date

March 19

### 3. Exercise Area

Sagami Bay

### 4. Participating Units

- (1) JMSDF: SH-60K
- (2) USN: MH-60R

### 5. Type of Exercises

Anti-Submarine Warfare Exercise



Formation Flight



MH-60R