



JAPAN JOINT STAFF PRESS RELEASE

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Joint Staff Office

Participation in the ADMM-Plus Humanitarian Assistance and Disaster Relief Exercise(08 Joint Exercise International)

The Japan Self-Defense Forces (JSDF) will participate in the ASEAN Defence Ministers' Meeting-Plus (ADMM-Plus) Humanitarian Assistance and Disaster Relief (HA/DR) Exercise(08 Joint Exercise International) in order to strengthen cooperation with partner nations and enhance operational capabilities for HA/DR, thereby contributing to peace and stability in the Indo-Pacific region.

1. Purpose

To enhance the JSDF's joint operational capability for international emergency relief activities, strengthen relationships of trust with the armed forces and other organizations of participating countries, and contribute to the creation of a desirable security environment.

2. Period

From 21st to 25th September, 2026

3. Location

The Republic of Indonesia

4. Participating Countries(Planned)

ADMM-Plus member countries

5. Participating Units

JSDF Joint Operations Command (JJOC), JGSDF Ground Component Command (GCC), Northern Army, and the Defense Intelligence Headquarters (DIH)

6. Training Items

1. Disaster medical activities
2. Multinational coordination in international emergency relief activities